

# ORAcollect saliva sampling & postal instructions

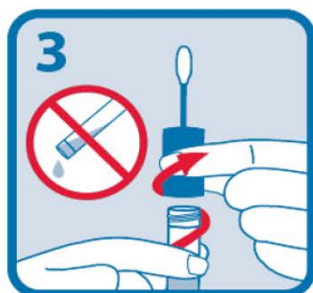
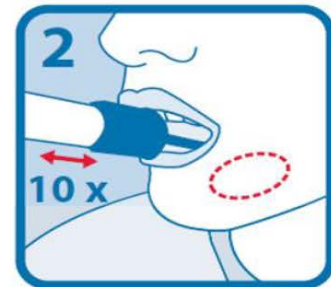
Follow steps 0-7 for sample collection & reply paid postage



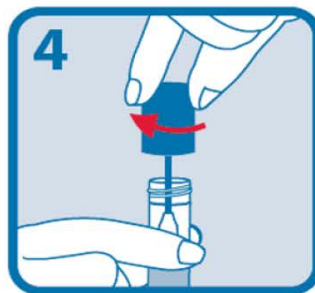
No food 15-30 minutes prior



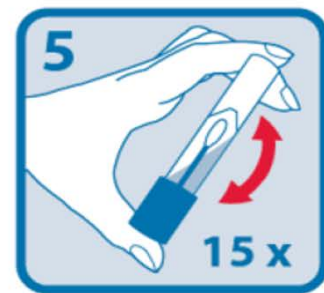
Using ORAcollect tube, sample where the saliva pools in the cheek; 10 x on the left and 10 x on the right, moving tube gently backwards and forwards



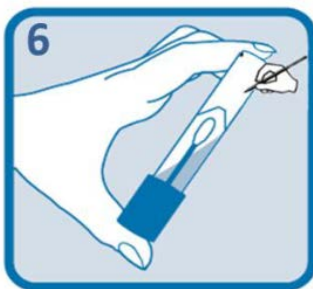
Unscrew lid



Invert and screw lid tight

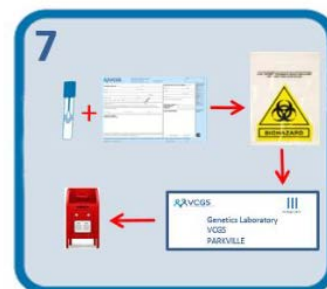


Invert 15 times



**LABEL TUBE WITH  
NAME, DATE OF BIRTH &  
DATE COLLECTED**

**Unlabelled tubes cannot  
be processed**



**Place tube & TEST REQUEST FORM  
into supplied bag (containing  
absorbant pad). Place this into  
supplied envelope and post in regular  
mail**